



To: Residents and Staff  
 From: Nadia N. Geigler, CEO *Nadia*  
 Date: Friday, May 21, 2021  
 Re: COVID-19 Prevention and Protection

**COVID Count**

| ACTIVE cases |       |
|--------------|-------|
| Residents    | Staff |
| 0            | 0     |

"+1" refers to a non-staff provider

| RECOVERED cases |       |
|-----------------|-------|
| Residents       | Staff |
| 26              | 46+8  |

"+8" refers to a non-staff provider

Now that we are out of emergency testing/extra surveillance mode with all negative results (whohoo!), we can return to "normal" in terms of happenings in our community. While we were under emergency testing and extra surveillance mode the last couple of weeks, guidance changed in a more favorable way for the fully vaccinated members of our community. Below are some specifics on what to expect.

In all instances below, a "fully vaccinated" person is one who is at least two weeks past their final dose of the COVID-19 vaccine. The final dose is the second dose for Moderna or Pfizer and after the first dose for Johnson & Johnson.

If you are interested in receiving the vaccine, it's not too late! We have a clinic coming on May 24 and we will make room for you. Let Mark Dubovick know that you are interested today. If you cannot make this time work, we will be repeating clinics as often as we can.

Visitation By Outside Guests to The Harbors

1. There will no longer be a 24 hour prescreen of visitors to The Harbors.
2. You can sign up for visitation using the following link or by contacting Kim Kohler.  
<https://www.signupgenius.com/go/10C0C4BAAAF29A1FFC34-harbors>
3. If the resident and all visitors are fully vaccinated, then neither the resident nor the visitors are required to wear masks or socially distance as long as they are in the resident's unit at the time.
4. If resident is fully vaccinated but the guest(s) are not, then everyone including the vaccinated resident will need to wear masks but do not need to be socially distanced.
5. Outdoor visitation is preferred and all parties will need to wear masks outside.

Communal Activities in The Harbors

- If all residents participating in an activity are fully vaccinated, the residents who are present do not need to wear masks or be socially distanced as long as all staff present are also fully vaccinated.
- Masks will be required by all residents if one or more of the people (residents and staff) present at the activity are not fully vaccinated. If this happens, the unvaccinated person will need to be socially distanced from all other participants in the activity.
- Staff are required to continue wearing masks, regardless of their vaccination status.
- For communal dining in The Harbors:

- The three points above must be followed.
- If masks are required during dining in accordance with the second point in this section, residents will be asked to wear their mask anytime they are not actively eating or drinking.
- All residents are still required to wear their masks to and from the dining room and to perform hand hygiene before and after meals.

#### Testing of Harbors Residents and All Staff

- All fully vaccinated staff, private caregivers, contractors, medical providers and Harbors' residents no longer need to do routine testing.
- All unvaccinated or partially vaccinated staff, private caregivers, contractors, medical providers and Harbors' residents will need to continue doing routine testing. The frequency of this testing is currently once per month. This may change based on county positivity rates. This continues to be a condition of employment for unvaccinated or partially vaccinated employees.
- In the event of a new positive case in our community, if someone is symptomatic and/or if someone has had certain high-risk exposure (example: a member of your household has tested positive)...
  - The vaccinated individual will need to take a COVID test.
  - The unvaccinated individual will need to do more frequent COVID testing for a period of time.

#### **CDC Guidance Regarding Mask Wearing**

On May 13, the CDC came out with new guidance for non-healthcare workers who are fully vaccinated. Members of the general public who are fully vaccinated will no longer need to wear a mask while out in public unless a particular business chooses to either require or recommend masks are worn. This new CDC guidance on masking has been adopted by both the Governor of Illinois and the Mayor of Chicago.

Please remember that each business has the right to require or request mask usage and that congregate living/care communities, such as The Admiral, still has different guidance than that in place for the general public. Currently, this mask-less guidance has not gone into effect for The Admiral at the Lake (or any community like it) and won't until specifically adopted by public health for long-term care and communal living environments. Bottom line: our masks are still with us, even the fully vaccinated members of this community, for a little longer still.

cc: Megan Callahan, HealthPro  
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director  
Pamela Winkler, Rainbow Hospice