



To: Residents and Staff
From: Nadia N. Geigler, CEO *Nadia*
Date: Sunday, December 26, 2021
Re: COVID-19 Prevention and Protection

COVID Count

ACTIVE cases	
Residents	Staff
0	2+2

"+1" refers to a non-staff provider

RECOVERED cases	
Residents	Staff
29	50+8

"+8" refers to a non-staff provider

Last night we learned of a staff member from The Harbors who tested positive. Two staff who were positive are considered recovered as of today.

Testing Reminders for All Staff and Harbors' Residents

Emergency testing is happening today through 4 pm for all staff in the 6th floor Harbors' conference room. Make up testing will happen for staff who cannot make it today on a limited basis during the morning of Monday, December 27. For staff who saw my post yesterday on Connectteams, you likely saw the dates were off by one day (my apologies!). These dates are correct.

More testing will happen on Wednesday of this week with make-up testing available on Thursday.

Testing twice a week will continue for the foreseeable future so please hang in there!

Another Option for Protecting Yourself and Others

At-home COVID test kits have become a common way for the general public to make informed decisions about whether to get together for gatherings or events, especially if the person is on the heels of other gatherings or events, or to routinely screen themselves for COVID. These at-home test kits are available at places like Walgreens and even online through Amazon. There are several options that include rapid tests which give results in minutes as well as other options where the sample is sent to a lab and results come in several days. If you'd like to learn more about how to self-test, please check out the latest information from the CDC on this subject: <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>.

cc: Megan Callahan, HealthPro
Andrew Whooley, Whoo's Caring

Dr. Eric Mizuno, Medical Director
Pamela Winkler, Rainbow Hospice