



To: Residents and Staff  
 From: Nadia N. Geigler, CEO *Nadia*  
 Date: Wednesday, March 3, 2021  
 Re: COVID-19 Prevention and Protection

**COVID Count**

ACTIVE cases	
Residents	Staff
0	0

RECOVERED cases	
Residents	Staff
25	45+7

"+7" refers to a non-staff provider

**A Return to Phase 2 for The Harbors!**

With our last COVID case now comfortably behind us, we have moved back into Phase 2 for The Harbors! What does this mean exactly?

- Indoor visitations are coming back. If you are interested in setting up a visit with a loved one who lives in The Harbors, please reach out to Kim Kohler at [kkohler@admiral.kendal.org](mailto:kkohler@admiral.kendal.org) or 773-654-5126.
- Beauty and barber services will be back in The Harbors. Please make appointments directly with David by calling 773-654-5112.
- In-person dining will return for all meals with a limit of 10 residents in the dining room at a time.
- Group activities will return with no more than 10 residents gathered at one time.

**IL-to-IL Resident Visits**

The question has come up several times: what is a safe gathering size for IL residents as they visit with one another in units? The answer will depend on the size and configuration of the unit as well as how many "households" are represented in the gathering.

The easiest way to determine a safe gathering size is to ensure that you can maintain safe social distancing between all who are gathered. People who share a unit can obviously sit close to one another but they should each maintain appropriate distancing from the others who are gathered. Masks should be worn by all during the visit. If eating or drinking is involved, please be extra careful about maintaining the 6 feet of distance between people while masks are down. As far as we know, alcohol does not kill COVID so please drink responsibly. ☺

**Guest Rooms Reopening Soon**

Starting the week of March 8, we will be reopening guest rooms for use by your friends and family. Like many things, this familiar activity will need to be approached differently for a time to ensure the safety of the community. Guests who would like to stay in one of our guest suites must follow all established guest room protocols including:

- Following all current guidance and restrictions in place by the CDC, IDPH and/or CDPH with regard to personal travel, originating location, means of travel, personal health and the like.

- All guests will need to enter the community through the main lobby and through the symptom screening table. We are asking the guests to visit the symptom screening table each morning while they are staying in the building.
- Guests are not allowed in any common areas of the community, including The Bistro and The Waterfront, even for carry out. Resident hosts are asked to help serve as the liaison between their guests and the dining venues, please.

cc: Megan Callahan, HealthPro  
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director  
Pamela Winkler, Rainbow Hospice