

To: Residents and Staff
From: Nadia N. Geigler, CEO
Date: Monday, November 22, 2021
Re: COVID-19 Prevention and Protection

COVID Count

	ACTIVE cases		
	Residents	Staff	
	1	1	
1" refers to a new staff provider			

"+1" refers to a non-staff provider

	RECOVERED cases		
	Residents	Staff	
	26	46+8	
, .			

"+8" refers to a non-staff provider

We recently learned of an IL resident who has tested positive for COVID. This individual, as well as anyone they have been in contact with, are following quarantine procedures and testing protocols. We hope that there will be no more cases to report but, as always, we will use a memo like this to communicate any new positive cases.

While our community has a very high vaccination rate and many among us have received boosters, we know that breakthrough cases are possible. The best way to keep yourself and others safe is to wear your mask anytime you are within six feet of someone from outside your household and anytime you are outside of your unit/work space.

Quarantine Guidelines

On the back side of this memo is a list of quarantine guidelines which will help guide anyone who has questions or concerns about how to proceed if they are or might be symptomatic along with contact information for staff who can help. Copies of this are also available at the Concierge.

cc: Megan Callahan, HealthPro Andrew Whooley, Whoo's Caring Dr. Eric Mizuno, Medical Director Pamela Winkler, Rainbow Hospice

QUARANTINE GUIDELINES:

We understand the challenges quarantining/isolating may present. We hope this information will be helpful and useful during this time. We will do our best to make your quarantine safe and comfortable.

- **Quarantine/Isolation** = means you must stay within the parameters of your apartment.
- Meals = You may order breakfast, lunch, and dinner for room delivery. Dinner must be ordered by 4 pm that same day. Your meal delivery fees will be waived during this time. For room delivery, please call: 773-654-5214 (lunch) 773-654-5213 (dinner). Your doorbell will ring to alert you your food has arrived.
- Groceries = If you need to place a grocery order, please place an individual order and notify Concierge that they will need to be delivered to your door by staff upon arrival. Jennifer, Michelle or Colleen can walk you through the steps of placing your own order.
- Mail = Please leave your mail key on the ledge outside of your door and contact Jennifer, Michelle or Colleen that you would like your mail collected for the day and delivered. Mail and key will be returned to the ledge. Your doorbell will ring to alert you your mail has arrived.
- **Trash** = Please place a Work Order through Concierge 773-433-1800 to have your trash disposed. Please do not leave your trash in the hallway.
- **Elevators** = should you have to leave the building for an emergency, doctor's appointment, or to walk your dog, please use the route of least exposure and when riding the elevators -let others know YOU PREFER TO RIDE ALONE.

Thank you!

Questions? Contact:

Jennifer Deitelhoff, Director of Resident Services

- (Email) jdeitelhoff@admiral.kendal.org
- (Office) 773-654-5101

Michelle Roth, Wellness Coordinator for IL

- (Email) mroth@admiral.kendal.org
- (Office) 773-654-5131

Colleen Kearney, Social Worker for IL

- (Email) <u>ckearney@admiral.kenday.org</u>
- (Office) 773-654-5117

UPDATED: 11/22/2021