



To: Residents and Staff  
 From: Nadia N. Geigler, CEO *Nadia*  
 Date: Tuesday, February 9, 2021  
 Re: COVID-19 Prevention and Protection

**COVID Count**

ACTIVE cases	
Residents	Staff
0	0

RECOVERED cases	
Residents	Staff
25	44+7

"+7" refers to a non-staff provider

**Let's keep the good news rolling...**

1. Over this past weekend, we were able to welcome family members back into The Harbors for in-person visits with their loved ones. This meant so much to our community to be able to do this again – many thanks to Life Enrichment for organizing this so quickly following the change in guidance that made it possible. These visits are to be scheduled with Kim Kohler so please reach out to her ([kkohler@admiral.kendal.org](mailto:kkohler@admiral.kendal.org)) if you have questions about how to do this.
2. Beginning this week, the Waterfront reopened as a space available for communal dining. And on the heels of that change came the reappearance of tables and chairs in the Bistro as another venue to sit and dine together in socially distance and safe ways. These are exciting and necessary steps toward an eventual return to regular service in these venues. In the meantime, the community is so grateful for these spaces to be together.
3. In-person exercises classes have resumed as of this week in The Harbors for residents of The Harbors!

Last Thursday Culinary Services hosted the first ever Cookie Graham Exchange open to both staff and residents that was so popular, they'll be working extra hard over this week to bake enough cookies to fulfill the orders. On Friday we had our first in a February series of Friday Dance Parties in The Bistro, having crowned our first winners – a IL resident and our Director of Nursing, Angela Jalloh. We'll award a winning resident and a winning employee each Friday for the balance of the month and then bring the winners together for a dance off in early March. Over the weekend a snow-family showed up on the 6<sup>th</sup> floor Harbors' side terrace and was a delightful surprise to all who encountered it.

While not directly related to COVID prevention and protection, the infusion of some extra fun into life at The Admiral was greatly needed. The spirit of the community these days feels a bit lighter and jovial, more hopeful perhaps than times before. We aren't done yet with COVID but we are coming out of it more and more each day and, for that, we are grateful.

cc: Megan Callahan, HealthPro  
 Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director  
 Pamela Winkler, Rainbow Hospice