



To: Residents and Staff  
From: Nadia N. Geigler, CEO *Nadia*  
Date: Tuesday, April 27, 2021  
Re: COVID-19 Prevention and Protection

**COVID Count**

ACTIVE cases	
Residents	Staff
0	0

RECOVERED cases	
Residents	Staff
25	46+7

"+7" refers to a non-staff provider

**What's the Latest on Masking Guidance?**

By now you have likely heard that the CDC has put forth new guidance on masking:

If you are fully vaccinated (2 weeks or more last the final vaccine dose) and

If you outdoors and

If you are in a small group

**THEN** and only then does the new guidance from CDC allow for the removal of masks.

So, what if...

- ...someone in the group is not fully vaccinated? CDC guidance would require the unvaccinated person to continue wearing their mask during these activities.
- ...you are indoors? Then this new guidance does not apply. Mask wearing while indoors and in the presence of anyone from outside of your household is still required.
- ...you are in a medium or large size gathering? This new guidance does not apply and the recommendation is still to avoid larger indoor gatherings even participants have been vaccinated.

One last question...*Does this new CDC guidance apply for small outdoor gatherings of fully vaccinated people here at The Admiral at the Lake?*

Not at this time. As a licensed provider of health services to older adults, we are required to follow current guidance and regulations as set forth by IDPH and CDPH. Typically, the guidance provided to communities like ours is more stringent than guidance for the general public, given that our population is more vulnerable and that providing care increases risk of exposure.

Until we have the ok from CDPH and/or IDPH to adopt the new CDC guidance that came out today, we must each continue wearing masks anytime we are outside of our unit/office.

cc: Megan Callahan, HealthPro  
Tricia Mullin, SASI

Dr. Eric Mizuno, Medical Director  
Pamela Winkler, Rainbow Hospice