

To: Residents and Staff  
 From: Nadia N. Geigler, CEO *Nadia*  
 Date: Friday, July 30, 2021 – second version  
 Re: COVID-19 Prevention and Protection

**COVID Count**

ACTIVE cases	
Residents	Staff
0	0

“+1” refers to a non-staff provider

RECOVERED cases	
Residents	Staff
26	46+8

“+8” refers to a non-staff provider

**New Masking Guidance – In Effect Now**

The Illinois Department of Public Health (IDPH) released new guidance on masking specifically. The guidance is in response to the delta variant and concerns about its transmission rate. Therefore, the following guidance will go into effect immediately for our entire community, both IL and Harbors.

If you received an earlier version of this memo, please disregard it. There was a small but critical error in the box describing vaccinated residents’ need to wear masks indoors for activities, meetings, gatherings and moving about the community. That has been corrected in the version below. Apologies for the confusion.

	Residents		Staff and Visitors	
	Vaccinated	Unvaccinated	Vaccinated	Unvaccinated
Indoors, Activities, meetings, gatherings and moving about the community	Masks must be worn. Social distancing is not required as long as every individual present has been fully vaccinated.	Masks must remain on. Unvaccinated residents should maintain 6’ of distancing from all other individuals.	Masks must remain on.	Masks must remain on.
Indoors, Dining	Masks can be removed while eating. If every individual present has been fully vaccinated, residents do not need to socially distanced.	Masks can be removed while eating. Unvaccinated residents should maintain 6’ of distance from all other individuals.	Masks can be removed. If all present are fully vaccinated, social distancing does not need to be maintained but is highly recommended.	Masks can be removed. Unvaccinated staff must maintain at least 6’ of distance from all other individuals.
Indoors, alone in own unit or office	Masks can be removed.			
Outdoors	Masks can be removed and social distancing is	Masks can be removed. Unvaccinated	Masks can be removed and social distancing is	Masks can be removed. Unvaccinated staff

	not required as long as every individual present has been fully vaccinated.	residents must maintain at least 6' of distance from all other individuals.	not required as long as every individual present has been fully vaccinated.	must maintain at least 6' of distance from all other individuals.
--	---	---	---	---

In a lot of cases, this is not a drastic shift from where we have been as The Admiral has remained cautious and conservative in our approach to coming out of COVID all along. And yet, I can appreciate that the action of masking up more stringently might feel like a small step backwards. Let's remember that this is the means to an end. By masking up now (and practicing good hand hygiene, getting vaccinated, staying home when we aren't feeling well, etc.), we will avoid a true step backwards in the form of an outbreak.

We, as The Admiral, can only do so much though to protect this community. Please think about the decisions and actions you can take to keep yourself, your loved ones and this community safe now and into the future. Vaccinations help, keeping masks on helps, keeping your interactions with other people safe or otherwise limited will help... These actions now will make a difference for you and for us.

cc: Megan Callahan, HealthPro  
Andrew Whooley, Whoo's Caring

Dr. Eric Mizuno, Medical Director  
Pamela Winkler, Rainbow Hospice